

Spazi d'Ascolto
Chiara Gasbarro
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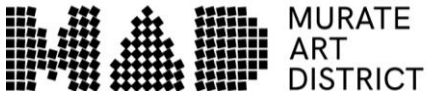
The video installation explores the meeting point between the Arno and Mugnone, capturing the constant interaction between these two rivers and the surrounding environment. Through the use of images and sounds, the viewer is invited to enter a state of active listening, where the river landscape becomes a living protagonist, capable of establishing a deep dialogue with the observer. This experience stimulates not only intellectual reflection but also emotional and sensory awareness, allowing for a deeper and more conscious understanding of time and nature.

The work expresses the desire to reclaim time, exploring the individual's willingness to be carried away by its natural flow. The artist emphasizes slowness, contrasting the frantic pace of modern life with the calm and fluidity of the rivers. This invitation to slow down encourages reflection on how willing we truly are to observe nature, highlighting how these spaces include us and offer opportunities for interaction that are often overlooked in daily life.

In a context dominated by technology and speed, the artist draws inspiration from the thought of British sociologist David Harvey, who describes contemporary society as characterized by a "chronophagia", responsible for an identity crisis and a fragmentation of the self. Constant connection, paradoxically isolating, deprives us of the time needed for true introspection and authentic connection with the surrounding world. This condition progressively disconnects us, even from our deepest essence.

The choice of video as a medium is particularly fitting for narrating the interplay between nature and the human world, emphasizing their radically different rhythms. The artist's documented walks become a means to contrast the slowness of nature with the neurosis of the city, suggesting a time that slips away, beyond human control. The work proposes a new slow and harmonious rhythm, sharply contrasting with the frenetic pace of the viewer, accustomed to the speed imposed by social media and modern life. This opposition invites deeper reflection on our lifestyle and the possibility of rediscovering a more authentic dimension of time.

This video installation invites the observer into a contemplative space, where slowness, calm, and a hint of solitude become essential tools for reconnecting with time and with oneself. In a world that moves at an increasingly hectic pace, the work offers a pause, an invitation to stop and reflect on our relationship with nature and time. The skillful combination of images and sounds creates an immersive experience that leads us to rediscover the value of contemplation and authentic connection, both with ourselves and the surrounding world.



The installation serves as a tool for reflection and awareness: through the exploration of time, landscape, and the connection between humans and nature, the artist invites us to reconsider our way of living, offering a space of quiet and introspection where we can rediscover a sense of balance and harmony. This dialogue between slowness and frenzy reveals a valuable opportunity to rethink our daily lives, reconnecting with natural rhythms and our inner selves.

Exhibition text by *Veronica Bandini, Laura Bissolati*

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